



## **BIOCRISTAL AMBASSADORS**

Biocrystal® Technologies



### [Danielle Brown](#)

#### **Double Paralympic gold medalist in archery**

British athlete, Danielle Brown, a double Paralympic gold medalist in archery and three time World Champion from United Kingdom and a motivational speaking rising star, is one of the extremely

satisfied Biocrystal® technology guarantors.

"Sleeping wasn't something that I was very good at and I was a notorious grouch in the morning until the coffee set in! Getting an average 3-4 hours sleep a night was a pattern I'd followed for over half my life and nothing I had tried seemed to work. I figured I had nothing to lose by trying the Biocrystal® mattress topper and after only a few days of trying it I was amazed at the results.

I am now sleeping for longer and waking up feeling much more refreshed, ready to tackle the day! It has made it much easier for me to get out of bed in the morning and to function better throughout the day, whether I'm training hard or have a day full of meetings! I would definitely recommend this product. Thank you Biocrystal®! It is extremely comfortable and I have been waking up with more energy and less aches after a full days training."



### [Goran Ivanisevic](#)

#### **Croatian tennis player and Wimbledon winner**

Goran Ivanisevic, famous Croatian tennis player is just one of many satisfied and energetic Biocrystal® sleepers. He is the only person to win the men's singles title at Wimbledon

as a wildcard.

"Stressful life, tiring trainings and numerous tournaments require a lot of energy. What I really need is to be rested and have a good sleep in order to be ready to stand this rate and to dedicate to every segment completely. It was very hard to survive my dynamic day when I already woke up tired in the morning. The Biocrystal® bed basis solved my problems – I wake up rested, full of energy and strength for a new day and I feel as if I could win at Wimbledon again!"

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**Matthias Dolderer**

**German hero of the Red Bull Air Race World Championship**

Matthias Dolderer, is an air race pilot with 30 years of experience in the sky, who is the German hero of the Red Bull Air Race World Championship.

He says he finds himself to be much better in the air than on the land and tries to stay faithful to his motto: „Have fun and never hit the ground.“

„Air racing demands a great concentration and makes you become completely focused, no matter of increased adrenaline. Imagine parking a car driving with a speed of up to 400km/h in a garage – well, that is what Air racing looks like.

It's demanding but it is fun, it gets under your skin and it never gets out. Ever since I sleep on Biocrystal® topper, I feel more concentrated than ever, and it improves my performance in the sky. Racing may seem like a piece of cake when looking from the ground, but it comes with a lot of exercises both mental and physical preparation. This is why complete rest is so important. In order to give your best in the sky, good and healthy sleep must be on the top of your list of priorities. This is exactly what Biocrystal® topper gave me – an opportunity to have quality sleep, and take the best of it. But when we speak of sleeping on Biocrystal® topper, the most important thing actually is what comes after sleep, and for me this is an enormous energy and strong devotion to dominate the sky.“



**Stephen Miller**

**British Paralympic athlete**

Stephen Miller, is an inspiring young man, a athlete whose mark that he has been leaving in the Universe makes you forget the fact that he was born with cerebral palsy. Stephen has competed in

Discus and Shot Putt in the past. He has represented Great Britain for over 15 years, competing in 5 Paralympic Games, 5 World Championships and 4 European Championships - so far winning 26 international medals.

We offered to give our contribution to his success, and he accepted. He started sleeping on Biocrystal® SleePad™, and he said that even his wife noticed the difference: "I've been away competing recently, I took my SleepPad™ with me - I love it. Thank you very much for sending me one. Since using it I've been sleeping very well. I wake up with more energy which is great for my training. I will be continuing to use it into the future.“

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### **Marcel Nguyen**

#### **German gymnast**

Marcel Nguyen (born 8 September 1987 in Munich) is a German gymnast. In 2012, he became an Olympic silver medalist after competing at the 2012 London Olympic Games. He was a soldier (currently ranked Corporal) in

the Bundeswehr (German military) since July 2007, and from then beginning when he was training in the Bundeswehr Sports Development Group (Sportfördergruppe der Bundeswehr) in Munich.

He kindly accepted to see what effect sleeping on Biocrystal® SleepPad™ can have to his body condition, and here is what he said:

"I did not believe in this product really much. Meanwhile, I have been using it during my rehabilitation after ligament injury. I did not give up on training's and the injury made me use more power during work-outs. I felt that good sleep should be the basic need for my recovery. Biocrystal® SleepPad™ was a good supplement to my recovery. My nights were calm featured my deep sleep. Hopefully it's getting only better. Thanks."



### **Claire Cashmore**

#### **British Paralympic swimmer**

Claire Cashmore is a British Paralympian swimmer.

London 2012 was Claire's third Paralympics and most successful to date. She entered the world stage at only 16 years old, qualifying for

Athens and coming home with 2 bronze medals, picking up a further bronze at the games in Beijing in 2008.

Claire's performance in the pool at London 2012 was impressive. Spurred on by the home crowds, she won silver in the SB8 100m breaststroke, bronze in the 4 x 100m freestyle relay and another silver in the 4 x 100m medley relay.

As every successful athlete, Claire gives big importance to quality sleep and here is what she said about sleeping on Biocrystal® SleepPad™:

"For an athlete, quality sleep is a vital part of achieving success within your sport. Sleeping on a Biocrystal® SleepPad™ ensures that this sleep quality can be achieved day in and day out."



### Ivan Kljakovic-Gaspic

#### **Famous Croatian sailor and Olympic medal winner**

Ivan Kljakovic-Gaspic is famous Croatian sailor, and Olympic medal winner. He competed at the 2012 Summer Olympics in the Men's Finn class.

"I have been using Biocrystal® for less than a year, but a change is visible from the first night. I sleep more peacefully and wake up rested, which is very important in the sport.

A good and sound sleep regenerates me and every morning I feel fresh. There is a lack - I sleep so comfortably that I am difficult to separate from the bed.

I highly recommend Biocrystal® and thanks to Biocrystal technologies Ltd that helped me sleep better."



### Sandra Perkovic

#### **Croatian discus thrower, reigning European, World and Olympic champion**

Sandra Perkovic is a Croatian discus thrower, reigning European, World and Olympic champion.

Perkovic's successful junior career culminated in winning gold at the 2009 European Junior Championships with a new national record. A month later, she made the final of the World Championships as the youngest discus thrower in the field.

"After a very intense exercises, massage can help with reducing the pain and break up lactic acid. However, using Biocrystal® topper is a great thing, because while you sleep, your body is recovering and in the morning, you are ready for the new effort. For athletes, this is a revolutionary innovation."



### **Karen Drake**

#### **Paralympic silver medalist**

Karen Drake is 2012 Paralympic silver medalist, and member of British Cycling GB squad. She is well-known by her adventurous spirit and, amongst other achievements, she has cycled the length of Japan by hand bike, skied across Greenland, climbed

El Capitan and been crowned the 2009 World Para-Triathlon Champion. She tried sleeping on Biocrystal®, and now this is her faithful companion for every adventure.

"I think I sleep well when I use Biocrystal® topper. I feel well rested and that I have good quality sleep when I use the Biocrystal® topper, which is important for my body's recovery particularly in periods of intense training."



### **Yoshihide Muroya**

#### **Japanese aerobatics pilot**

Yoshihide Muroya is a Japanese aerobatics pilot and race pilot of the Red Bull Air Race World Championship. He is the first Asian pilot in the World Championship and has helped raise the popularity of the sport in East Asia, especially in his

home country of Japan where he is the nation's top aerobatics pilot.

Beside of his dedication to the sky, as his life motto is: "Sky is the limit", Yoshi is devoted to a healthy lifestyle as well. He uses Biocrystal® SleePad™ in order to improve his sleep, see what are his impression:

"I have been using Biocrystal® SleePad™ for a few months already, and I have noticed some changes while sleeping on it. A device that I use, and that measures the general condition of the body showed my sleep has improved since I use Biocrystal® SleePad™. Even though I can't be sure who I should I thank for this, Biocrystal® or my home bed, I am experiencing my sleep is deeper and longer for about 20%."

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### [Sanja Jovanovic](#)

#### **Female backstroke swimmer from Croatia**

Sanja Jovanovic is a female backstroke swimmer from Croatia, who made her Olympic debut for her native country at the 2004 Summer Olympics in Athens, Greece. In 2008, she broke the world

record in 50 meters backstroke on European Short Course Swimming Championships, improving her record set in 2007.

"I have been using Biocrystal® for a long time now and it really suits me because after a hard training I feel more rested than before. Swimmers sleep a lot, even 10 to 11 hours a day so Biocrystal® is of huge importance to me. Moreover, one more thing. When I pull muscles or have some minor health problem, it seems to me that recovery is faster lately. Since I travel a lot, I pack Biocrystal® and carry it with me."



### [KHL Medvescak Zagreb](#)

#### **The most successful and popular ice hockey team in Croatia**

KHL Medvescak Zagreb is the most successful and popular ice hockey team in Croatia. The team plays in the Bobrov Division in the

Continental Hockey League for the 2013-14 season. Most top sportsmen have their superstitions, methods of preparation before a game, little things that make them different from their teammates or other athletes.

"The Zagreb Bears are not superstitious, and they achieve their great fitness, excellent health and good results because they believe in a good sleep and top-class mattresses, Biocrystal® mattress on which they rest and sleep after hard training's and games."



**Sara Vojnic Purcar**

**Talented volleyball player from Serbia**

Sara Vojnic Purcar is a young and talented volleyball player in Serbia. In 2013, she won a double title with the seniors from "Red Star", 2nd place at the youth Olympic Games in the

Netherlands, the 4th place at the European and 6th place at the global competition of the cadet volleyball selection in Thailand (best placed European team).

"I got the Biocrystal® topper as a gift, not knowing what to expect from it. What I experienced after a month of use is truly incredible for me. I noticed that I am immediately ready and in good mood for all daily activities, like 4 - 5 hours of training a day, studying and other obligations. My sleep is deep and without interruptions, I wake up easier and have a lot of energy during the day. Without the topper I needed 11 hours of sleep, now 8 hours are enough. I noticed that in the morning I have no more dark circles around my eyes. My stomachs is no longer bloated after meals. On the physical examination, my pulse was measured to be 44 and on cardio measurements, it was much lower than any of my teammates.

I am able to stand all types of training very easily and regenerate quickly after them, as well as after games. I borrowed the topper so others can try it as well, and just now, I see how much I miss it! I strongly recommend it to all people, especially athletes, for me it is an everyday gift and a part of me that I pack and use even on trips."



**Luka Horvat**

**Croatian adventurer**

Did you hear Luka's story? One day he decided to quit his job and head towards Nordkapp... by bike! On this journey, Biocrystal@topper was his indispensable partner.

"I have never even thought about sleeping, at least not until even the last glimpse of comfort disappeared when I transferred from the comfort of my bedroom into the tent, in occasion of the 5000 kilometers long bike trip through Norway. Considering the conditions in which I would be sleeping, I chose the most quality equipment I could possibly find.

After talking to Vesna (Biocrystal Technologies' CEO), I decided to try the Biocrystal® SleePad™ with Biocrystal® on my trip. In the beginning the bed basis had an unusual effect on me: As a start result, is started waking up after 4-5 hours of sleep without feeling the of lack of sleep. Waiting for the sun to rise I was reading a book or I simply enjoyed the silence of the early morning. Usually the sun waited for me to get up, so this was an interesting change – that did not last for long. After seven days I started to sleep longer, usually until 8 am and I used to get up rested, fresh and in a good mood."

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### **Tamara Boros**

#### **World's number 2 Table Tennis player in 2002.**

Tamara Boroš was the World's number 2 Table Tennis player in 2002. At the World Championship in Paris in 2003 she won the bronze medal, and became the first European to win a WC medal after ten years. Only three non-Asian players won a medal at the World Championship between 1973 and 2005. She won 12 medals at European Table Tennis Championships. In 1998 she won silver, in 2000, 2002 and 2005 she won bronze medal in women's singles. She is three-time European Champion in women's doubles. With Croatian national team, she won silver medals in 2003 and 2005 and bronze in 2000, 2008 and 2009.

"Every athlete has a long sporting life as one of its priorities. I have been playing table tennis for 25 years. It is extremely important to preserve the body, the muscles and the body. Biocrystal® topper, which I have put on the mattress, makes me sleep easier and makes workouts less strenuous. It is not irrelevant that it can easily be transported to the stem, so I take it everywhere with me."



### **David Drahoninsky**

#### **Czech Paralympic archer**

David Drahoninsky is a Czech Paralympic archer. David started archery in 2001 and made his international debut in 2003. He won the gold medal at the Men's individual compound - W1 event at the 2008 Summer Paralympics in Beijing.

"I think Biocrystal® is a great invention. I sleep very good and my tournament performance is getting much better. For example, since I sleep on Biocrystal® SleePad™, I won World para archery championship in Germany.

As I sleep better, I do better results. Thank you."



### **Tonci Buzov**

#### **Captain of the Croatian national rugby team**

Tonci Buzov is the captain of the Croatian national rugby team, and as such, he truly lives for this sport so he uses all three weeks of annual leave for the representation, rather than for a family vacation. He is focused only on winning; at the matches, he gives 100% of himself. He tested the Biocrystal® topper, and here are his impressions.

"I train a lot and play a sport that can be very demanding. The recovery is just as important as training. Biocrystal® mattress pad helps with that, so I would recommend it to all athletes."

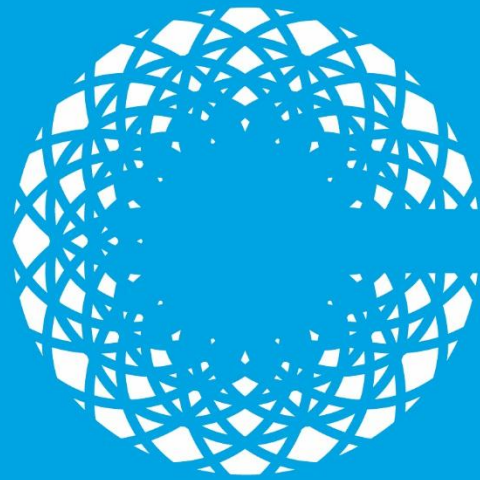


### **Nik Jurisic**

#### **Member of the Croatian rugby team**

Nik is a member of the Croatian rugby team, extremely motivated and combative athlete. He often is the "player at the game". As the nature of the sport that is rough and requires great strength and endurance, good sleep is of great importance for Nik. Here is what kind of impression Biocrystal® made on him.

"Within the first 15 days, I felt the difference after waking. The organism and the body are simply becoming easier. There is a lot of beating, rudeness and bruises in rugby. I can say that after using Biocrystal® mattress pad I can wake up more rested and positive."



# BIOCRYSTAL®

T E C H N O L O G I E S

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